

Opioid 7 Facts Toolbox Talk



The United States is experiencing an opioid overdose epidemic. In 2021, there were over 100,000 fatal drug overdoses, and over 75% of the overdoses involved opioids. Opioids are responsible for an overwhelming majority of fatal drug overdoses in Oregon and Washington. The construction industry is not immune from the devastating and ongoing impact of the opioid epidemic.

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Construction has one of the highest rates of opioid overdoses

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https://www.cdc.gov/nchs/pressroom/nchs_press_releases/2021/20211117.htm

Over-Prescribed

The construction industry receives 20% more and 20% stronger opioid prescriptions

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<https://cfma.org/articles/waging-a-counterattack-on-opioids-first-dose-prevention-strategies-for-the-workplace-and-at-home>

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Adults who misuse opioids are at higher risk for suicidal thoughts

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<https://www.sprc.org/scope/suicide-opioids>

Fentanyl is deadly

Fentanyl, a synthetic and extremely potent opioid, is a major contributor to fatal and nonfatal overdoses in the U.S

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<https://www.cdc.gov/stopoverdose/fentanyl/index.html>

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Naloxone (NARCAN™) Reverses Opioid Overdoses and Saves

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<https://www.cdc.gov/stopoverdose/naloxone/index.html>

Opioid-Sparing Therapies Work!

Numerous studies show acetaminophen/Ibuprofen and other non-narcotic approaches are more effective than opioids for pain management

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<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5123824/>

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There is always HOPE!

The Alcohol and Drug Helpline serves anyone who needs information, support, or access to resources and treatment for opioid and other substance use disorders.

Oregon: 800-923-4357 (24/7/365) | National HelpLine: 1-800-662-HELP

Find Additional Resources:
www.suicide-stops-here.org