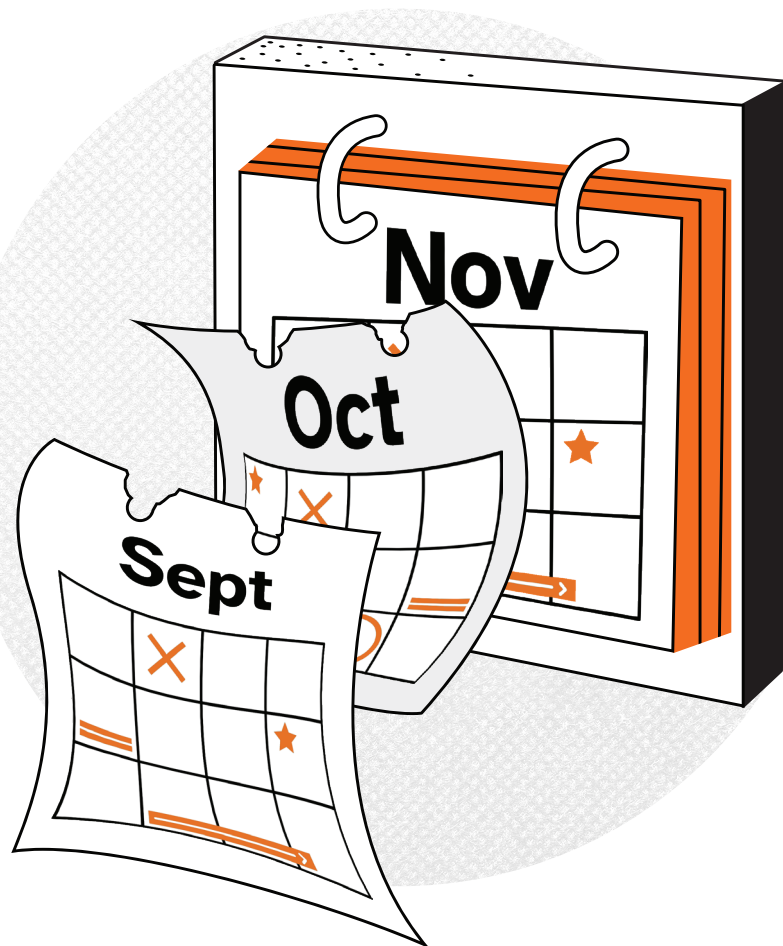


What is heavy drinking?



You're **heavy drinking** when you consume, on average, more than 1-2 drinks every night over the course of a week.