It is okay to Suicide talk about



Thoughts of giving up and suicide can be frightening. Seek Help if you have suicidal thoughts.



Understanding the Risks

The Construction Industry has:

- The highest number of male suicide deaths
- The second-highest suicide rate of any industry in the US.
- Five times more suicides than fatal work-related injuries.

In 2022, the share of employed Veterans working in the construction industry was 6.5%.

Why are Construction **Professionals at Risk?**











Protect Yourself

Veterans and National Guard members are at increased risk.

Store Guns Securely

Firearm suicides are more commonly involved among Veterans than non-Veterans

Stay Connected

All Veterans can seek VA care free of charge for Mental Health, regardless of eligibility



BUILD HOPE

Open up to someone trusted and you can survive these thoughts!





The CSPP is committed to providing free services, advocacy, and resources that improve the lives of construction professionals. We work across the industry to build solutions and healthier job sites.

Get Resources and Learn More www.-suicide-stops-here.org

