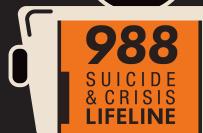
It is okay to talk about Suicide



Thoughts of giving up and suicide can be frightening. Take **Them Seriously!**



KNOW THE RISKS

- Construction has the Highest Number of **Male Suicide Deaths.**
- The CDC reports that 20% of all men who die by suicide were in construction/extraction.
- The construction industry has the secondhighest suicide rate of any industry in the US. In 2022, the rate of suicides in construction was 6 x greater than the rate for all fatal work-related injuries



If you are having suicidal thoughts, seek support, call or text the 988 Lifeline, call a local crisis number, or reach out to a trusted family member or friend.

Check-In with your health care provider to discuss what you are thinking and how you are feeling

Suicidal Thoughts are a symptom, just like any other - they can be treated, and they can improve over

Why are Construction **Professionals at Risk?**













Build Hope!



Anytime you are concerned about suicide and don't know what to do, call or text the National **Suicide Prevention Lifeline at 988** (24/7/365)



The CSPP is committed to providing free services, advocacy, and resources that improve the lives of construction professionals. We work across the industry to build solutions and healthier job sites.

