



2025

CONSTRUCTION SUICIDE PREVENTION PARTNERSHIP

Annual Recap

Reflective Jubilance

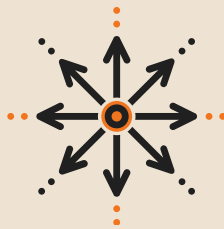
As 2025, the year of Jubilee, comes to a close, we are grateful and excited about our achievements. It is heartening that, in an economically and socially unpredictable year, the CSPP established new programs, expanded our outreach, and took a critical step toward sustainable funding. This year, we have laid a solid foundation for expanding and broadening our service capacity.

December is an overlooked connection between November's gratitude and January's hope, where folks are busy with holiday hoopla and forget to take a moment to reflect before jumping ahead.

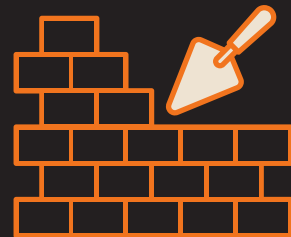
With that reflective spirit in mind, we want to share some of the CSPP highlights, in three parts, that made us jubilant!



OUTREACH



**SERVICE
EXPANSION**



**A STRONGER
FOUNDATION**



Max Speaking in Amarillo, TX

Chapter 1: Increased Outreach

Outreach is the backbone of CSPP. This year, we prioritized connecting with the construction community where they work, hang out, and build their skills. We were fortunate to connect with construction workers on jobsites, at conferences, trade association meetings, in union halls, and even at bowling lanes and golf tournaments. This year, we led 82 outreach events, a **60% increase from last year**, and reached 3,400 people, a **65% increase**.

The year kicked off with **Emily braving Minnesota's winter** (you can learn the details of her trip [here](#)) to provide QPR trainings to over 50 workers attending an annual safety training. **Max headed to Baytown, Texas** (you can read about his adventures [here](#)), to deliver ReThink the Drink to 75 construction oil rig workers.

In February, Max headed back to Texas for the **4th Annual Construction Working Minds Conference**. It was a great event with nationally renowned speakers and, as always, a great chance to connect with people working to improve the lives of construction workers.

Mark Your 2026 Calendar
The 5th Annual Construction Mental
Health and Well-Being Conference
Portland, February 23-26, 2026!



[Click here](#) to register.



Outreach Continued

We capped the Spring with a massive Safety Week Outreach and Awareness effort. Emily and Max traversed the state (**[you can read their three-part travelogue here](#)**), delivering a series of outreach presentations.

Over the Summer, Emily didn't brag or boast as she elevated CSPP's work **coast-to-coast**. She traveled to California to deliver a series of QPR presentations at a major site. She then headed to Washington, DC, where she led a workshop on CSPP's work at the **National Prevention Summit**. Emily's work shows we are not only making inroads in addressing suicide in the construction space, but we are playing an integral role in reshaping how prevention work is done nationally.



While Emily was traveling, Max got to focus on key regional partners. Max, along with **Judy Cushing, CSPP's Senior Advisor**, and **Dwight Holton, CEO of Lines for Life**, traveled to Bend for **AGC Oregon Columbia Chapter's Annual Summer Convention**. Max took part in a mental health workshop, providing practical tools to participants.

Dwight spoke at their Dessert Dash fundraiser and Annual Board meeting to accelerate and celebrate our collaboration. We appreciated being part of the AGC's clear commitment to raising and embedding mental health awareness into their safety culture.



Outreach Continued

Suicide Prevention Month, per usual, filled our outreach calendar with events that took us across the state. You can find our recap [here](#).

The year is ending like it began, with a ton of outreach. In October, Max traveled to Ashland to present at the Southern Oregon Occupational Safety & Health Conference. He then returned to the Lone Star State to do a series of QPR presentations at a massive AI data center outside of **Amarillo, TX**. If you have ever wondered what it takes to build a data center, Max's blog gives you a glimpse.

In November, Emily expanded our regional reach with presentations in **Salem, Eugene, and Battle Ground, Washington**. Max wrapped up his travel with a plenary presentation on stigma at **Arizona State University's Pavement and Materials Conference**.

To close out 2025, Emily is headed to Boise, Idaho, to deliver a series of QPR presentations at a large site, demonstrating that outreach strengthens our backbone and supports our mission.



Emily at Lifesaver Event



Max in Forest Grove, OR

Chapter 2: New Resources

Construction CareLine:

This year, we also launched the Construction CareLine, which aims to foster help-seeking behavior, normalize conversations about mental health, and give the construction community a low-barrier connection to help and hope.



A Mustert Point For Your Mind

Call **503.433.7878** Today
If you are outside the state of Oregon
833.444.6020

Help is available 24/7.

lines of life Construction Careline

The Construction Careline is a service where you can get confidential support for whatever you're dealing with. There are a lot of personal challenges inherent in working construction — challenges that impact your mental health.

The Construction Careline is a confidential, non-judgmental, free, and safe space to get support for tough challenges.

QR code



In May, CSPP's leadership and partners orchestrated a media push around Construction Safety Week to publicize the line, demonstrate their commitment to reducing mental health stigma, and build belongingness.

You can find all the stories here. We also have promotional materials you can post onsite and online.



Chapter 2: New Resources

Video Toolbox Talks

This year, we released **12 toolbox talk videos** covering diverse topics, including suicide prevention, opioid awareness, alcohol misuse, financial literacy, and mindfulness, to sustain year-round mental health awareness. You can check all of them out [here](#).



Mike Di Napoli, owner of People's AV, leading production.

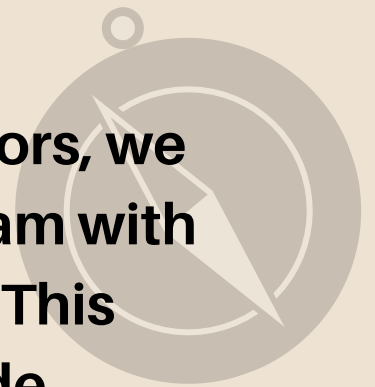


Emily, Max, and Crystal on set

Chapter 3: New Membership Program

CSPP's work would not be possible without the support of our partners.

With guidance from a passionate and professional group of General Contractors, we launched a five-tier membership program with levels ranging from \$1,000 to \$15,000. This effort will sustain and expand our suicide prevention efforts.



Since launching this effort, we have garnered strong industry support and are building great momentum going into 2026!

You can check out our current members, learn all about the membership program, and, of course, join at the website below:

<https://www.suicide-stops-here.org/our-partners/>

Summary and Salutations!

Just in case you skimmed our riveting recap, the bottom line is our 60% increase in outreach and contacts, the creation of our Construction Careline, and the launching of our Membership Program would not have happened without your ideas and commitment.

Thank you for supporting and being part of the CSPP! This year has been packed with new experiences and events; it's tough to recall everything we've done. So, if we missed a highlight or you want us to know what you've been doing, please fill out [this form!](#)

In 2026, we look forward to adding new resources, training, and materials to the mix.

Until then, Happy Holidays!
The CSPP Team

